

Other Programs:

Aptos/La Selva F. P. D. also does AHA Certified CPR training on the first Thursday of each month. We alternate between Heartsaver CPR (for adult and older child CPR) and Health Care Provider (for certifying Nurses, Day Care Providers, etc. with extensive adult, child and infant CPR, as well as a short briefing on the use of AED (Automated External Defibrillators). The Heartsaver course is \$10 and the Health Care Provider course is \$20.

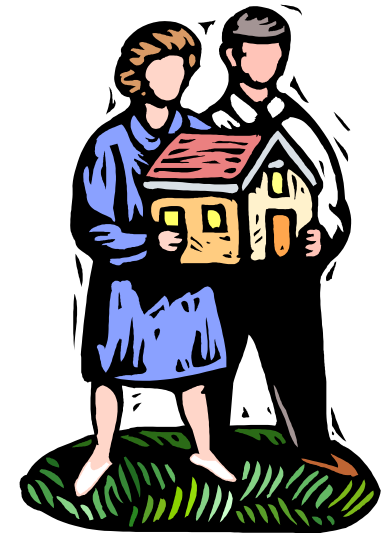
**SIGN UP EARLY - CLASS SPACE IS LIMITED
AND CAN FILL UP AS EARLY AS 3 WEEKS
PRIOR TO THE TRAINING!**



6394 Soquel Drive
Aptos, CA 95003

Aptos/La Selva
Fire Protection District

COMMUNITY
EMERGENCY
RESPONSE
TEAM



Are you prepared?

Tel: 831-685-6690

What is the C.E.R.T. Program?

The Community Emergency Response Team (C.E.R.T.) Program is designed to help neighborhoods, schools and businesses prepare for effective disaster/emergency response through training and pre-planning.

The training covers basic skills that are important to know when emergency services may not be immediately available. Program material covers earthquakes, fires, floods, hazardous incidents and other general life-threatening situations.



Specific training includes: Disaster Fire Suppression, Hazardous Materials, Disaster Medical Operations (i.e. treating airway obstruction, bleeding, shock, etc.), Light Search and Rescue Operations, Disaster Psychology and Team Organization. The final session also includes a disaster simulation, to practice the disaster skills learned throughout the course.

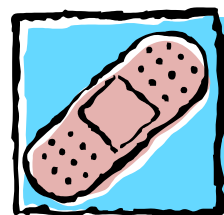
The C.E.R.T. program lasts approximately 20 hours, divided over 5 to 7 days, although alternate scheduling can be arranged with the trainer.

C.E.R.T.: A BRIEF HISTORY

The C.E.R.T. concept was first developed and implemented by the Los Angeles City Fire Department (LAFD) in 1985. The Whittier Narrows earthquake in '87 underscored the area-wide threat of a major disaster in California. Furthermore, it confirmed the need for training civilians to meet their immediate needs. As a result, the LAFD created the Disaster Preparedness Division with the purpose of training citizens and private and government employees. As of 1993, more than 10,000 people and over 267 teams have been trained.*

HOW DO I GET C.E.R.T. TRAINING?

If you would like to schedule C.E.R.T. training for your neighborhood or business, first make a list of all the people that are interested in taking the course with you. Classes are usually a minimum of 10 people, and maximum of 20. Next, fill out the attached interest form and return it (by mail or in person) to the Administration Office at 6934 Soquel Drive, Aptos, CA, Attn. Captain Michael Conrad, C.E.R.T. Coordinator. We will call you



back to schedule times and dates for the training.

CERT History taken from FEMA website. For further info, log on to: www.fema.gov/emi/cert

Name of Group:

Suggested Dates:

- Prefer Evenings Prefer Mornings
- Prefer Weekdays Prefer Weekends

Contact Name

Address

Phone

C.E.R.T. Training is FREE! Sign up today!



**Aptos/La Selva
Fire Protection District**

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